



CASA ALPINA SPORTS REGULATIONS

FITNESS ROOM - user manual

- Access to the fitness room is free of charge, reserved exclusively for guests of Casa Alpina and allowed from the age of 16. Minors must be accompanied by an adult who is always responsible for them, even if they temporarily leave the room.
- The fitness room can only be used after booking through the Casa Alpina reception and for the time agreed. This means that all guests who wish to use the room can use it without exceeding the maximum number of guests (maximum 3 people at the same time).
- No guest may enter the fitness room if they have a cold, exhaustion, sore throat or a body temperature above 37.5°, even if they have made a reservation.
- Guests wishing to use the fitness room declare under their own responsibility that they are in good health and therefore suitable for the sport they intend to practise, releasing Casa Alpina from all civil and criminal liability in this respect in the event of illness or injury on the premises. Guests undertake not to engage in sporting activities that are not in keeping with their abilities and their state of health and fitness.
- Guests are asked to behave correctly and morally towards other guests and to use this area only for the time necessary to practice their sport.
- Guests must take the utmost care of the sports equipment provided by the facility and use it only in the manner indicated in the instructions for use to prevent damage. Any damage caused will be repaired at the guest's own expense, therefore the deposit of €150.00 requested at check-in may be withheld and Casa Alpina will be entitled to request further compensation for additional expenses to repair the damage. If it is not possible to quantify and settle the damage before check-out, Casa Alpina has the right to request a credit card number as a guarantee and to deduct the amount of the damage later, after informing the guest of the amount to be retained.
- If a guest is not aware of the correct use of a piece of equipment, he or she should contact one of our team members to find out how it works. However, the use of each piece of equipment is the sole responsibility of the user in the absence of an experienced and responsible person from Casa Alpina.
- Casa Alpina accepts no liability for items left unattended, theft of valuables or loss. However, if a guest has lost personal belongings, he or she can go to our reception desk to ask if they have been found. Anything found in the fitness room after closing time will be available at reception.
- Smoking, eating and drinking are strictly prohibited in any part of the fitness room.
- You are kindly requested to place your clothes and bags only in the sanitised basins.
- Guests are kindly requested to take cans, empty bottles and any other waste with them when leaving the fitness room and to dispose of the waste in the correct waste bins.
- We kindly ask you to promptly notify our reception in the event of equipment failure or behavioural lapses on the part of other users.
- Pets are not allowed in the fitness room.
- Guests must wear clean, dry trainers and appropriate sports clothing.
- A clean towel must always be laid out to protect benches, machines and mats that come into contact with the body.
- Please put all used equipment back in its proper place and wipe it with the appropriate disinfectant before and after use to protect your own safety and that of the person handling it later.

a credit card number as a guarantee and to deduct the amount of the damage at a later date, after notifying the guest of the amount to be retained.

- In order to prevent damage to furniture or linen in the flat, guests must cover their bed and/or sofa with the protective sheet provided by Casa Alpina to all those staying with their pets. If you are travelling with a cat it is compulsory to have a scratching mat.

Pursuant to articles 1341 (General Terms and Conditions) and 1342 (Contract concluded by means of forms) of the Civil Code, all the clauses set out in this contract are accepted and signed.

Signature for acknowledgement and acceptance